

# Table of Contents

---

<b>Selected pieces</b>	<b>Page</b>
▸ <b>G String Shifting Exercises</b>	1
▸ Zimmer Etude	3
▸ Luz de Sol	5
▸ Epic Violin	6
▸ Gee String	7
▸ One Kingdom	8
▸ <b>D String Shifting Exercises</b>	9
▸ No Joke	11
▸ Foreign Land	12
▸ Play Time	13
▸ Remember	14
▸ Fast Forward	15
▸ <b>A String Shifting Exercises</b>	16
▸ Imagination	18
▸ Beautiful Minds	20
▸ La Fiesta	21
▸ Most Precious Gift	22
▸ Penta Wave	23
▸ <b>E String Shifting Exercises</b>	24
▸ Reality	26
▸ Madness	27
▸ Her	28
▸ Butterflies	29
▸ Stories	30

Intentionally Blank

## Brief Shifting Tips:

- Before shifting, **release all the tension** from your left hand and fingers; then move along the fingerboard into the new position. Practice it in slow motion.
- Try **not** lifting the fingers between position changes. Instead, slide them along the string.
- Use the first finger as a **guide finger** in the third position. Doing so will help you **play in tune**.
- When shifting, **move your thumb along** with your hand. The thumb should always have the same relation to the other four fingers.
- Open strings are excellent to change position smoothly. Find open string opportunities to change position in the pieces you are currently working on.
- Extend your fourth finger to reach the notes marked with 4 and 0 (harmonics). Do not press the string down. Instead, touch the note slightly above its place on the fingerboard to hear the harmonic sound.  
The extension of your fourth finger **should not affect** the position of the hand. Make sure that your first finger remains in the third position.
- As you make progress, see if you can apply the third position in some of the pieces you already master.

✳ = The star means change of position.

In this book you will only use the first and the third position.

## Recorded Accompaniment

- The accompaniment tracks will count in one bar before the pieces start.
- In the event of having rests in the first bar of the piece, you will hear one bar counted in plus the additional rests of bar one.
- Do not play the pieces in tempo right away. Take your time to practice them slowly with metronome.

The following books are recommended as additional resources:

- "Introducing the Positions" by Harvey S. Whistler
- "The Violin Lesson" by Simon Fischer

I often use them in my teaching and can assure that they will assist you with the third position and beyond.

Contact me with your questions or remarks at [avilesmusik@gmail.com](mailto:avilesmusik@gmail.com)

Follow my work at [www.stringorchestrasheetmusic.com](http://www.stringorchestrasheetmusic.com)

Have an awesome journey!

César Avilés

Track: 01

# Zimmer Etude

Magestic ♩ = 85

C.A.

*detaché*  
*mp*

*mp*

*mf*

*f*

*subito p*

21

Musical notation for measures 21-24. Treble clef, eighth notes with accents. The notes are: 21: G4, A4, B4, C5, B4, A4, G4; 22: G4, A4, B4, C5, B4, A4, G4; 23: G4, A4, B4, C5, B4, A4, G4; 24: G4, A4, B4, C5, B4, A4, G4.

25

*detaché*

*f* *simile*

Musical notation for measures 25-28. Treble clef, eighth notes with accents. The notes are: 25: G4, A4, B4, C5, B4, A4, G4; 26: G4, A4, B4, C5, B4, A4, G4; 27: G4, A4, B4, C5, B4, A4, G4; 28: G4, A4, B4, C5, B4, A4, G4. Dynamic markings: *f* at measure 26, *simile* at measure 27. *detaché* is written above measure 25.

29

0 1 2 3 1 0 1

Musical notation for measures 29-32. Treble clef, eighth notes with fingerings and asterisks. The notes are: 29: G4, A4, B4, C5, B4, A4, G4; 30: G4, A4, B4, C5, B4, A4, G4; 31: G4, A4, B4, C5, B4, A4, G4; 32: G4, A4, B4, C5, B4, A4, G4. Fingerings: 0, 1, 2, 3, 1, 0, 1. Asterisks are placed below the notes in measures 29 and 31.

33

V □ V V 1 2

Musical notation for measures 33-35. Treble clef, eighth notes with accents, dynamic markings, and asterisks. The notes are: 33: G4, A4, B4, C5, B4, A4, G4; 34: G4, A4, B4, C5, B4, A4, G4; 35: G4, A4, B4, C5, B4, A4, G4. Dynamic markings: *V* at measure 33, *□* at measure 34, *V* at measure 35. Fingerings: 1, 2 at measure 35. Asterisks are placed below the notes in measures 33 and 35.

36

1 2 1 2 3 4

Musical notation for measures 36-39. Treble clef, eighth notes with fingerings and asterisks. The notes are: 36: G4, A4, B4, C5, B4, A4, G4; 37: G4, A4, B4, C5, B4, A4, G4; 38: G4, A4, B4, C5, B4, A4, G4; 39: G4, A4, B4, C5, B4, A4, G4. Fingerings: 1, 2, 1, 2, 3, 4. Asterisks are placed below the notes in measures 36 and 38.

Track: 02

# Luz de Sol

Brilliant ♩ = 80

C.A.

□ V V

*f Detaché* *espress.* \*

7 V V V

\* \*

13 V □

\* \*

19 □ V □ 1 ☺

# Epic Violin

Rhythmic ♩ = 100

C.A.

3 1 3 1

*mf*

5 3 1 3 1 3 1 3 1 3 4

10 1 2 3 1 4 3 2 1

*Detaché*

15 0 1 3 3 1 3 2 3

20 1 2 1 3 1

23 2 3



Track: 04

# Gee String

Elegant ♩ = 95

C.A.

The musical score is written in 4/4 time and consists of five staves of music. Fingerings are indicated by numbers 0-4 above notes, and bowing directions are shown with 'V' (downbow) and '∩' (upbow) symbols. Dynamics include *mf*, *mp*, and *espress.* (marked with an asterisk). Articulation is indicated by asterisks and slurs. The score begins with a treble clef and a 4/4 time signature.

Staff 1 (Measures 1-5):  
Fingerings: 0 1 2 3, 1 2 3  
Dynamics: *mf*, *espress.*

Staff 2 (Measures 6-11):  
Fingerings: 2 1 3 0 3 3 2 1 2 3 4 3 1, 3 2 4  
Articulation: Slurs, asterisks

Staff 3 (Measures 12-17):  
Fingerings: 2 3 3 1 2 1  
Articulation: Slurs, asterisks

Staff 4 (Measures 18-23):  
Fingerings: 3 4, 1 2 3 4 2, 1  
Dynamics: *mp*

Staff 5 (Measures 24-28):  
Fingerings: 0 1 2 3, 1 2 3 4, 1, 4, 0 1  
Articulation: Slurs, asterisks

# One Kingdom

Sorrowful ♩ = 70

C.A.

The musical score is presented in six systems, each consisting of a musical staff and a corresponding line of guitar tablature. The key signature is one flat (Bb) and the time signature is common time (C). The tempo is marked as 'Sorrowful' with a quarter note equal to 70 beats per minute. The score includes various dynamics such as *mp* (mezzo-piano) and *f* (forte), and performance markings like asterisks and slurs. The tablature uses numbers 0-4 to indicate fret positions and 'V' for vibrato. The piece concludes with a double bar line at the end of the sixth system.

System 1: Tablature: 1 1 2 1 1 2 1 1 0 2 3 4. Dynamics: *mp*, asterisks.

System 2: Tablature: 2 2 3 4 1 2 3. Dynamics: asterisks, *f*.

System 3: Tablature: 1 1 2 1 1 2 1 1 0 2 3. Dynamics: *mp*, asterisks.

System 4: Tablature: 4 2. Dynamics: asterisk.

System 5: Tablature: 4 1 2 3 0 0 1 1 2 0 1 1 2 0 1 1. Dynamics: asterisks, *f*.

System 6: Tablature: 2 0 1 1 2 0 1 1 2 0 1 1 2 0 1 1 2. Dynamics: asterisks.

# D String

## Shifting Exercises: First to Third Position

Notes in the first position. Notes in the third position.

The first finger in the third position will always serve as a guide finger to find the other notes in that position.

### A Shifting Exercises

Shifting from the first finger in the first position to all four fingers in the third position.

Shifting from the second finger in first position to all four fingers in the third position.



Shifting from the third finger in the first position to all four fingers in the third position.



Shifting from the fourth finger in the first position to all four fingers in the third position.



## **B** Extended fourth finger in the third position



While extending the fourth finger, make sure that the first finger does not move in the direction of the extension but stays in the third position.