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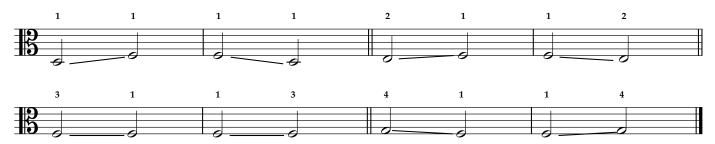
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## C String

#### Shifting Exercises: First to Third Position



The first finger in the third position will always serve as a guide finger to find the other notes in that position.



#### A Shifting Exercises

Shifting from the first finger in the first position to all four fingers in the third position.



Shifting from the second finger in first position to all four fingers in the third position.

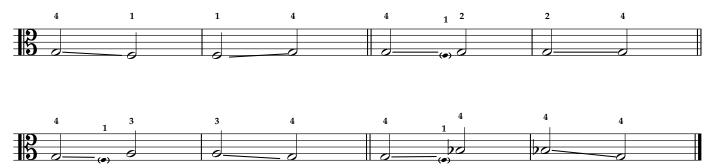




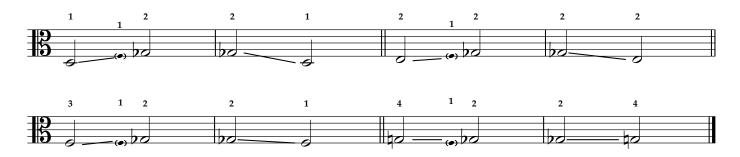
Shifting from the third finger in the first position to all four fingers in the third position.



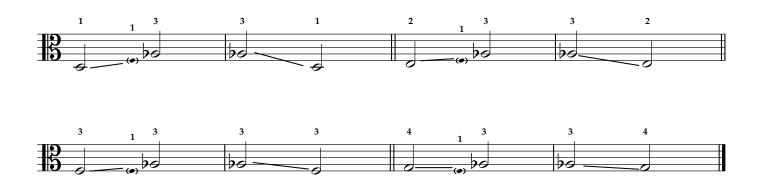
Shifting from the fourth finger in the first position to all four fingers in the third position.



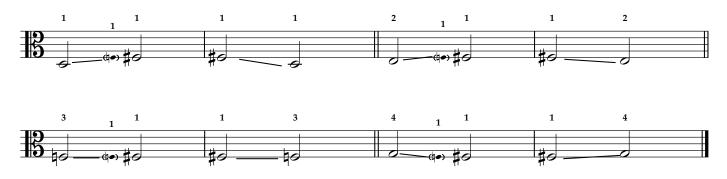
 $|\overline{f B}|$  Shifting from the first position to a low second finger in the third position.



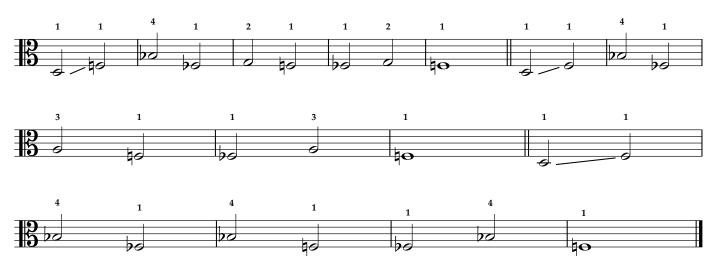
Shifting from the first position to a low third finger in the third position.



C Shifting from first position to a high first finger in third position.



Reaching back to a low first finger in the third position.



 $\boxed{\mathbf{D}}$  Shifting from the first position to a high fourth finger in the third position.



Extended fourth finger in the third position





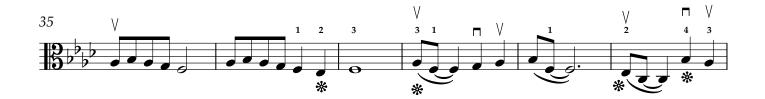
While extending the fourth finger, make sure that the first finger does not move in the direction of the extension but stays in the third position.

### For Our Own



6 For Our Own

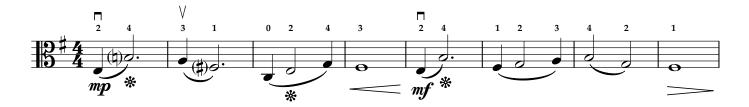


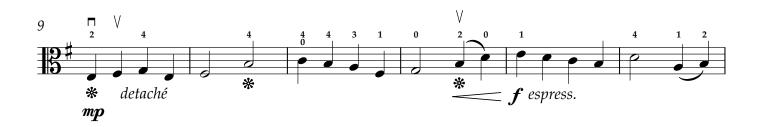


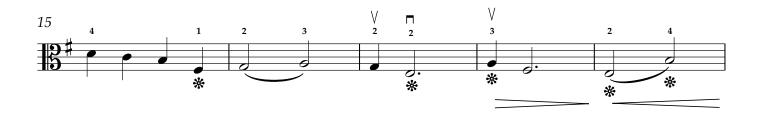


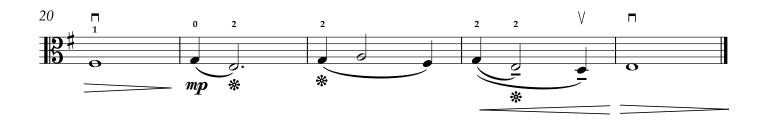


# Tombs







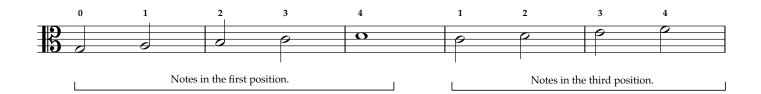


## Trespassing

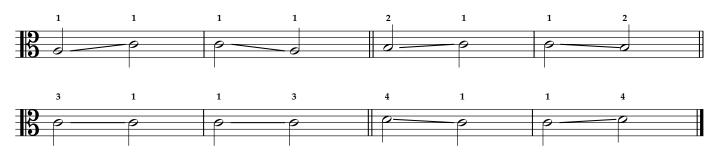


## G String

#### Shifting Exercises: First to Third Position



The first finger in the third position will always serve as a guide finger to find the other notes in that position.



#### A Shifting Exercises

Shifting from the first finger in the first position to all four fingers in the third position.

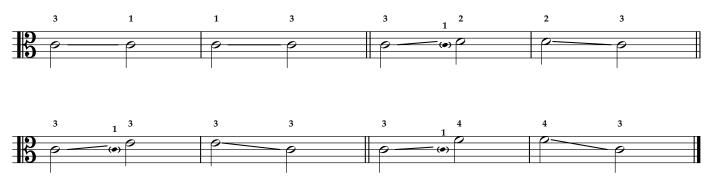


Shifting from the second finger in first position to all four fingers in the third position.

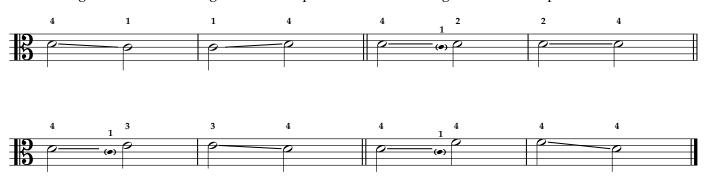




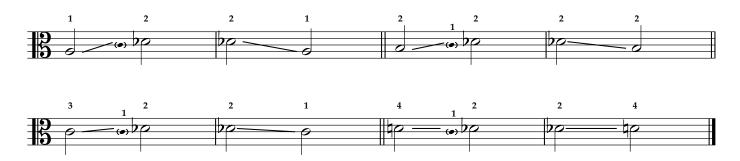
Shifting from the third finger in the first position to all four fingers in the third position.



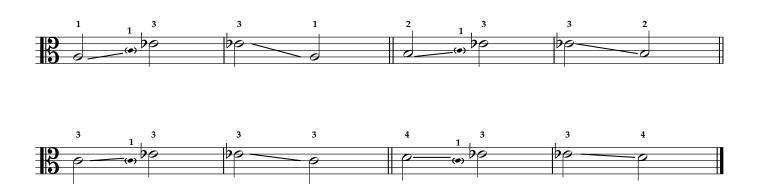
Shifting from the fourth finger in the first position to all four fingers in the third position.



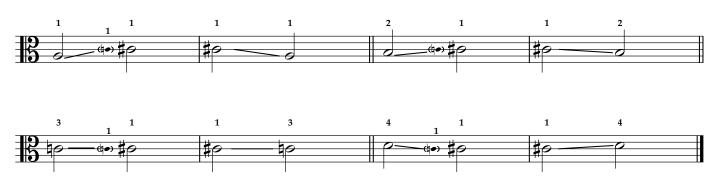
 $|\overline{f B}|$  Shifting from the first position to a low second finger in the third position.



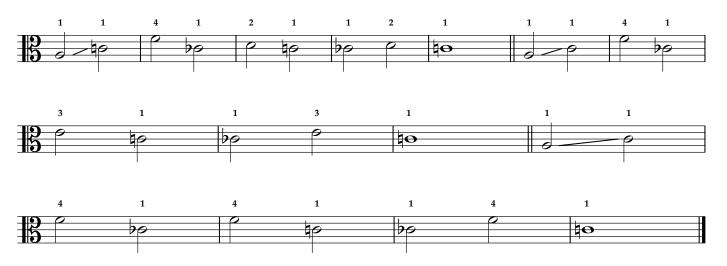
Shifting from the first position to a low third finger in the third position.



 $\boxed{\mathbf{C}}$  Shifting from first position to a high first finger in third position.



Reaching back to a low first finger in the third position.

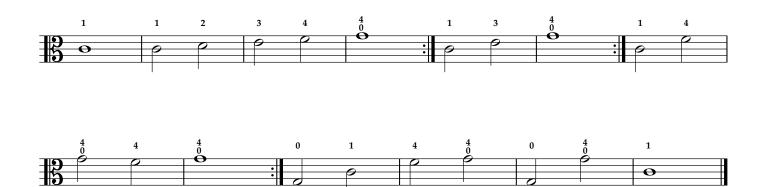


 $\overline{\mathbf{D}}$  Shifting from the first position to a high fourth finger in the third position.





#### Extended fourth finger in the third position



While extending the fourth finger, make sure that the first finger does not move in the direction of the extension but stays in the third position.

### Broken

